



Child Health and Disability Prevention Program

Spring 2019 Newsletter

CHDP Updates

Oral Health Screening Requirement Reminder

In accordance with the program guidelines, CHDP providers must complete an oral health assessment for every CHDP exam. The following are required for a complete oral health screening:

1. *Inspect the mouth, teeth, and gums at every health assessment.* Dental caries are classified according to treatment needs, from routine dental referrals to referrals for emergency (immediate) treatment.
2. *Assess risk for dental caries.* There are several tools available from the American Academy of Pediatrics (AAP) at <https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Oral-Health/Pages/Oral-Health-Practice-Tools.aspx>.
3. *Prescribe a fluoride supplement* if the child's drinking water, including bottled water, does not contain adequate levels of fluoride or for infants who are exclusively breastfed after 6 months of age.
4. *Provide anticipatory guidance.* Key topics include establishing a dental home, parents'/caregivers' oral health, transmissibility of caries-causing bacteria, proper oral hygiene practices, fluoride, dental sealants, dental injuries, tobacco use and oral cancers, eating disorders, and oral piercings.



Documentation should include any suspected problems and a referral to a dentist. California law states that children are to be referred to the dentist annually beginning at age 1 year for routine care. For more information about oral health screening see the Health Assessment Guidelines here: <https://www.dhcs.ca.gov/services/chdp/Documents/HAG/18OralHealth.pdf>.

Adolescent Vaccination Updates

Up-to-date vaccinations are just as important for adolescents as they are for infants and young children. In addition to the required kindergarten vaccines, the following immunizations are required for entry into 7th grade:

- Two doses of varicella (new change for 2019)
- One dose of a pertussis containing vaccine on or after the 7th birthday



For more detailed information on vaccine requirements for school attendance for all ages see <http://eziz.org/assets/docs/IMM-1080.pdf>.

A Message from Dr. Park: Acing ACEs

Do you know your ACE score? We know now that a person's adverse childhood experiences, or ACEs, can have lifelong effects and even lead to an increased likelihood of health problems such as heart disease, stroke, cancer, and diabetes.

The original landmark study on ACEs was conducted at Kaiser in the 1990s, and now ACEs is being brought to the forefront in California as part of the governor's plan to invest in young children and address social determinants of health.



In San Joaquin County there is a pilot program underway called "ACEing Parenting", thanks to a grant from Dignity Health. Led by the Child Abuse Prevention Council, with support from San Joaquin General Hospital and Public Health Services, this program aims to educate clinic staff and physicians (including residents) on the connection between ACEs and behavior choices that affect parenting skills. The goal is that physicians will be empowered to open dialogues with their patients about childhood trauma experiences and will be ready to respond by linking patients to community resources. The parents of our young patients will understand how their own childhood experiences can affect the way they raise their children, and this insight will help to build healthier, more resilient families. We hope to learn much from this program and share our successes with the greater pediatric community.

PHS Program Spotlight Series: Child Passenger Safety

Car crashes are the leading cause of severe injury and death for children from birth to 8 years of age. Most of these injuries and deaths can be prevented by proper use of an appropriate child restraint system (car seat or booster) for the age, height, and weight of the child. Children seated in a booster seat in the back seat of a car are 45% less likely to be injured in a crash than children using a seat belt alone.

Children who have outgrown their car seat should ride in a booster seat until they are 4'9" inches tall, and most children don't reach this height until they are 10 or 11 years old, when they are in 4th or 5th grade. Children are ready to ride without a booster only when the adult seat-belt fits them correctly:

- Lap belt low across the hips
- Shoulder belt crossing the center of the chest
- Knees bend comfortably over the seat so child does not slouch



The Child Passenger Safety Program offers **free car seat check-ups every Wednesday from 10am-2pm at 420 S. Wilson Way in Stockton.** For check-ups by appointment, call 209-468-8914 to schedule.

The Child Passenger Safety Program also partners with the California Highway Patrol (CHP) who address driving safety for adolescents. CHP created the **Start Smart program to tackle risky driving behaviors and give tips for being safe on the road.** The free, two-hour class is held on the first and third Tuesday of the month at 6pm at the CHP Stockton office (2720 Wilcox Rd.). At the end of the course, participants receive a certificate that may assist with car insurance premiums. To schedule or for more info about the program call 209-938-4800.

Kids Corner

Fluoride FAQ

Parents often have questions about fluoride. These FAQs provide straightforward answers.

Why do children need fluoride?

Fluoride is an important mineral for all children. It protects teeth from acid damage and helps reverse early tooth decay.



What if we live in a community where the water is not fluoridated?

Your child's doctor or dentist may give them a prescription for fluoride drops or tablets as they grow.

When should my child start using fluoride toothpaste?

Use a rice-grain sized amount once they have their first tooth and when they turn 3 a pea-sized amount can be used.

For more information visit the American Association of Pediatrics' (AAP) website: <https://www.healthychildren.org/English/healthy-living/oral-health/Pages/FAQ-Fluoride-and-Children.aspx>

LOHP Strategic Plan

PHS' Local Oral Health Program (LOHP) has released their strategic plan for 2018-2022. Focus areas for improving oral health throughout the county will be:

- Oral Health Workforce
- Education and Promotion
- Access to Oral Health Services
- Integration of Medical and Dental Health Services
- Countywide Coordination of Oral Health Programs
- Evaluation

For more information on oral health efforts in San Joaquin County, visit: <http://www.sjteeth.org/>.

The Opioid Connection

As the opioid epidemic continues to claim lives throughout the country, a new study examining data from the National Surveys on Drug Use and Health suggests that adolescents are significantly more likely to have used nonmedical prescription opioids (NMPO) when a parent has also misused the drugs.

According to the results, approximately 14% of adolescents used an NMPO if a parent had compared to only about 8% usage if a parent had not. Other factors linked with NMPO among children aged 12-17 years included parental smoking; parent-child conflict; and low parental monitoring of teens' peer relationships, media use, and homework completion. Additionally, the mother's use of NMPO had a stronger relationship to adolescent use than the father's.



Suggested interventions include addressing the parents' misuse of the drugs and smoking as well as promoting positive parenting practices. For resources see: <https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Substance-Use-and-Prevention/Pages/opioid-epidemic-resources.aspx>.

Locally, the San Joaquin County Opioid Safety Coalition was formed to address opioid dependency and death among residents. The Coalition will focus on education and outreach; prescriber and pharmacy education; and overdose prevention and medication assisted treatment. More information about coalition activities is forthcoming.

News and Resources

Dental Screenings—Now Available at WIC!

Children in the community under the age of 6 years underutilize services provided by existing Denti-Cal providers. Therefore, the San Joaquin County Public Health Services WIC Program is pleased to be participating in the TEETH Collaborative to help fulfill a key goal -- to improve access to high quality oral health services for children and youth.



A team of oral health professionals from Community Medical Centers Inc. provides services at three WIC clinic locations each month: Manteca, San Joaquin General Hospital, and Aurora Street (main office) in Stockton. They offer oral health screening, fluoride varnish applications by Registered Dental Hygienists, referrals as needed, and oral health education for parents/caregivers of infants and children, ages 0 – 5 years, enrolled in the WIC Program.

Safe Kids Zone

Don't miss out on the Safe Kids Zone at Family Resource and Referral Center's Children and Youth Day at Pixie Woods!

Date: Saturday, May 18th, 2019

Time: 10am-3:30pm

Location: Pixie Woods at Louis Park, 3121 Monte Diablo, Stockton, CA 95203

See **Attachment A** for more information.

CHDP Audiometric Training

Date: Tuesday, April 16th 2019

Time: 8:30am - 12pm

Location: Conference Room, 2233 Grand Canal Blvd. Suite 214, Stockton, 95207

The registration deadline is Monday, April 8th. See **Attachment B** to register.

All staff who conduct hearing screenings for CHDP children are required to attend this training every 4 years. For questions, call or email Gwen Callaway at 209-468-8918 or gcallaway@sjcphs.org.

RIDE Reminder

The RIDE (Regional Immunization Data Exchange) Immunization Registry provides an easy way for providers to electronically enter and look up patient vaccination records. Provided through *Healthy Futures*, RIDE serves San Joaquin and several surrounding counties allowing for uninterrupted record-keeping.

Providers can access the RIDE system here: <http://www.myhealthyfutures.org/>. For questions or to schedule a user training call (209) 468-2292 or email support@myhealthyfutures.org.

CHDP Team

CMS Medical Director	Maggie Park, MD
CMS Administrator	Renee Sunseri, BSN, RN, PHN
CHDP Deputy Director	Surbhi Jayant, MSN, RN, PHN
CHDP Public Health Educator	Gwen Callaway, MPH
CHDP Foster Care Coordination	Pam Lam, BSN, RN, PHN Jamie Crenshaw, BSN, RN, PHN Charlene Devera, BSN, RN, PHN Christine Merin, BSN, RN, PHN Annelie Steele, BSN, RN, PHN Russell Espiritu, Sr. Office Assistant
CHDP Outreach & Support	Xia Lo, CHOW

★ Save The Date ★

★ Family Resource and Referral Center

★ Celebrating the 30th Anniversary of ★

Children & Youth Day at Pixie Woods

This Year's Theme: Superheroes



Date: Saturday May 18, 2019



**Place: Pixie Woods at Louis Park
3121 Monte Diablo
Stockton, CA 95203**



Time: 10:00 am —3:30 pm



**Please contact: Lupe Ledezma
(209) 461-2624
lledezma@frrcsj.org**



Health Plan
of San Joaquin





Child Health and Disability Prevention Program

Audiometric Screening Training Registration Form

April 16th, 2019

8:30am – 1:00pm

Multi-Purpose Room
Public Health Services

1601 E. Hazelton Ave,
Stockton, CA 95205

***Lunch will NOT be
provided**

- o Bring your office’s audiometer
- o Fill out one form per participant—please write legibly.
- o The training will include instruction on the play audiometry method and requirements for screening CHDP children.
- o There will be a presentation and hands-on practice.
- o Any staff from a San Joaquin County CHDP provider office may attend.
- o Staff must be certified by CHDP every 4 years.

Registration Deadline: April 8th, 2018 (register early—seating is limited)

*****Participants MUST bring the audiometer used for screening in their offices*****

Name: _____ Phone: _____ Email: _____

Office: _____ City: _____ Zip: _____

Fax form to: (209) 953-3632

OR

Mail form to: P.O. Box 2009, Stockton, CA 95201-2009

For more information, contact Gwen Callaway, CHDP Health Educator, at 209-468-8918 or

gcallaway@sjcphs.org