

TOP 3 COMMUNITY HEALTH NEEDS

Data based on the 2025 San Joaquin County Community Health Needs Assessment

What is a Community Health Need?

A community health need happens when people can't easily get what they need to be healthy. They may lack clinics, low-cost fresh food, safe housing, or support for their mental health.



Top 3 Health Needs in SJC



#1. ACCESS TO CARE

Goal: Quality health care to stay healthy and live better.



#2. MENTAL HEALTH & SUBSTANCE USE

Goal: Quality mental health/substance use education, prevention, and support programs.



#3. CHRONIC DISEASE/ HEALTHY EATING, ACTIVE LIVING

Goal: Safe places to be active, good food, and ability to reach care.

SJC has fewer providers than the state average.

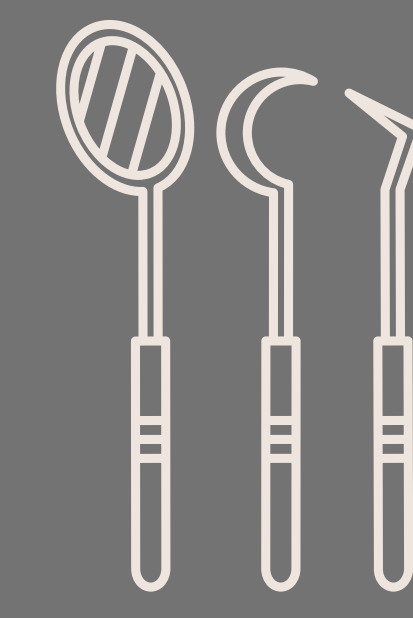
Primary Care Physicians



33%

below CA average.

Dentists



43%

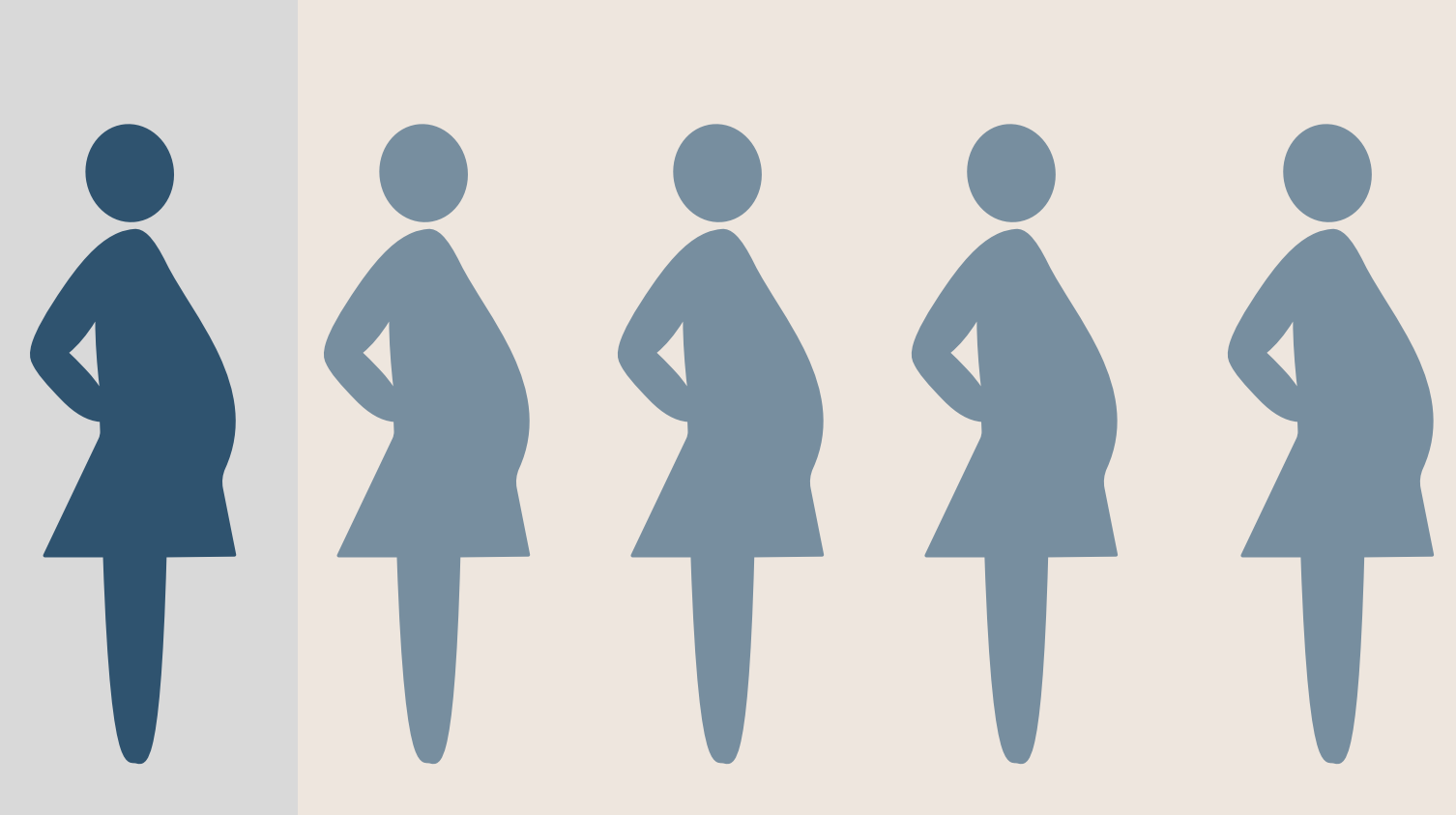
below CA average.

Mental Health Providers



44%

below CA average.



1 in 5

pregnant persons do not receive prenatal care during their 1st trimester.



Low birth weight is

2 TIMES MORE COMMON

for Black babies than for White babies.

Heart disease occurs more in Asian and White adults.

Asian
11.6%

White
11.0%



Data are pooled (2018-2022).



More children have asthma in SJC.

13%

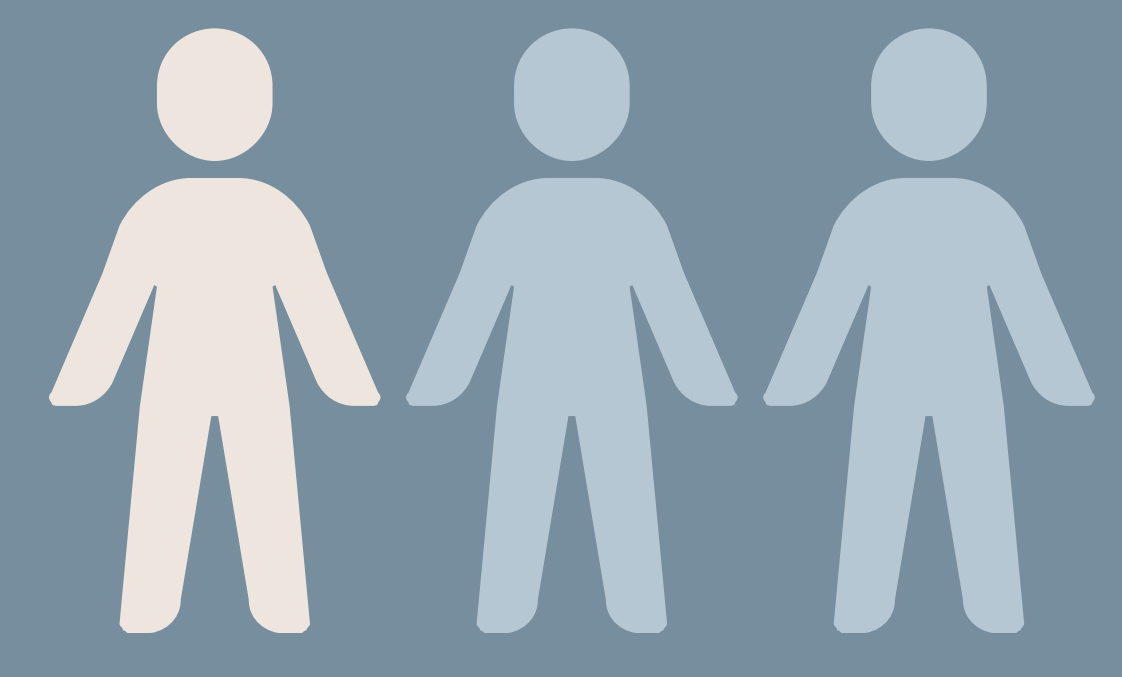


CA

24%



SJC



Over 1 in 3 adults are obese.

Stroke Death Rate

49.2

SJC



39.1

CA

48% ↑

deaths of despair from 2022 to 2025.



3 of 4

overdose deaths involved opioids in 2023.



Black residents have the highest opioid death rate.



Colorectal Cancer

20%

more common for Black residents.

