



REFERRAL FORM

Maternal, Child, Adolescent Health (MCAH) Home Visiting Programs

Nurse Home Visiting Black Infant Health Healthy Families San Joaquin

(Descriptions of all programs are listed on the back of this form)

Phone: 209-468-3004 Fax: 209-468-2072 Email: mcah-info@sjcphs.org

Referring Agency Information

Date _____
Agency _____
Referred by _____
Phone _____ Alt. _____

Referral follow up requested ☐ Yes ☐ No
Client is aware of referral ☐ Yes ☐ No

Parent Contact Information

Name _____ DOB _____
Address _____
City _____ Zip _____
Phone _____ Alt. _____
Ethnicity _____ ☐ Interpreter needed _____
Health Insurance ☐ Medi-Cal ☐ Other ☐ None

Please Provide Detailed Information Below

Pregnant ☐ Yes ☐ No Due date _____ Prenatal Care ☐ Yes ☐ No Delivery ☐ Full term ☐ Premature _____ weeks

☐ Fetal Demise OB Provider: _____

Newborn/Infant Name _____ DOB _____ Birthweight _____ lb. _____ oz. Length _____ in.

Pediatrician/ Healthcare Provider _____

Please check all that apply

- | | |
|---|--|
| ☐ First time mom | ☐ Lacks support system |
| ☐ Teen | ☐ Needs community resources |
| ☐ Homeless/unstable housing | ☐ Recently moved to San Joaquin County |
| ☐ High risk pregnancy or infant | ☐ History of trauma |
| ☐ CPS involvement | ☐ Infant/child with special health care needs |
| ☐ Developmental delay/ Intellectual disability | ☐ Intimate partner violence |
| ☐ Postpartum depression or mental illness ☐ Current ☐ Past | |
| ☐ Recent substance use Substance _____ | ☐ Mom + ☐ Baby + |
| ☐ No social or medical risk factors | |

Additional notes regarding this case:

For Internal Use Only _____

Date referral received _____

Assigned to _____ By: _____

Program assigned to ☐ NHV ☐ HFSJ ☐ BIH

Case Manager/FSS Signature _____

CASE NUMBER _____

Date Opened _____ Date Closed _____

Your referral will be routed to the most appropriate program for your client

Services are usually provided in person. Virtual or telephone visits may be available as needed.

All MCAH programs serve pregnant and parenting families living in San Joaquin County. All programs provide pregnancy and parenting support, general health education, case management, screenings, community referrals, advocacy, and ensure families are connected to medical, dental, mental-health, developmental, and social resources within the community, based on the family's needs.

~ Nurse Home Visiting ~

- Public health nurses are beneficial to medically high-risk mothers, infants, and children
- Appointments with the nurse are approximately every 4 weeks or as needed
- Eligibility Criteria: Pregnant or those with a baby under age 1, or a child with special healthcare needs under age 3

~ Black Infant Health ~

- The program addresses racial disparities in birth outcomes by empowering and supporting African American women to have healthy pregnancies, healthy babies, and be healthy moms
- There are 10 prenatal and 10 postpartum group sessions and monthly workshops
- Participants also have individual appointments with a nurse, a mental health professional, and a family health advocate
- Eligibility Criteria: Pregnant African American women age 16 or older, who are pregnant or have given birth in the last 6 months

~ Healthy Families San Joaquin ~

- This evidence-based program focuses on strengthening parent-child relationships and interactions. The program is beneficial to families with social risk factors or child welfare involvement
- Appointments with a Family Support Specialist begin weekly, and decrease to bi-monthly, monthly, then quarterly
- Eligibility Criteria: Pregnant or those who have a newborn less than 3 months old

~ Safe Sleep San Joaquin ~

- Families who do not have a safe sleep environment for their infant will receive a free portable crib after receiving safe sleep education from one of our MCAH team members. (as supplies are available).
- Eligibility Criteria: Participant must be pregnant or have a baby less than 6 months old. Please specify in the comments if your family urgently needs a safe sleeping environment