

Help for Opioid Addiction

Start your recovery today!
It's about progress, not perfection!

The best proven treatment for opioid addiction is Medication Assisted Treatment (MAT).

These FDA-approved medications, including Methadone, Buprenorphine, and Suboxone, are covered by Medi-Cal, Medicare, and private insurance.

Can be prescribed in office or by telehealth

Benefits of MAT

- Decreases opioid/heroin cravings.
- Prevents relapse.
- Successful recovery is easiest with MAT and therapy combined.

To get started on your recovery journey, call:

SJC Substance Use Services
Screening and Referral for Addiction
(209) 468-9370 or (888)-468-9370

Choosechange.ca.org

Don't let Opioids take over your life.
YOU ARE STRONGER THAN OPIOIDS!

Get Free Naloxone/Narcan to Reverse Overdose

Contact us:
SJC Public Health Services
(209) 953-7309

Visit us: Monday-Friday
8.30 AM to 4.30 PM
420 S. Wilson Way
Stockton, CA 95205

Also available without prescription at participating pharmacies



Good Samaritan Law

If you suspect someone has had an overdose or think you are experiencing an overdose and call 911 or administer Naloxone to them, you will not be penalized.

STOP OPIOID OVERDOSE



if someone you know is using opioid pills, fentanyl, opium (Afeem) or heroin....

...would you know what to do if they ever overdosed?



San Joaquin County

OPIOID SAFETY
COALITION

SJCOpioidSafety.org



San Joaquin County

Public Health Services

health grows here

OPIOID Information

Opioids are a class of drugs used to reduce pain

Common names are:

- Hydrocodone (Norco, Lortab, Vicodin)
- Oxycodone (Percocet, OxyContin)
- Heroin
- Fentanyl
- Opium (Afeem)

OPIOID Overdose Signs/Symptoms:

- Unusual sleepiness or unresponsiveness
- Slow or absent breathing
- Slow heartbeat or low blood pressure
- Cold or clammy skin
- Tiny pupils
- Blue nails or lips

What is Naloxone/Narcan?

- Life-saving medication that reverses an opioid overdose
- Pure opioid antagonist
- Naloxone/Narcan has no effect on individuals even if opioids are not present in their system

How to respond to an overdose with Naloxone/Narcan

1

Check responsiveness

- No response even if you shake them or say their name
- Breathing slow or stops
- Lips and fingernails turn blue or gray
- Skin gets pale or clammy

2

- Give Naloxone/Narcan and call 911
- If no reaction in 2 minutes, give second naloxone dose

3

- Do rescue breathing and/or chest compressions
- Follow 911 dispatcher instructions

How to give Naloxone/Narcan

Nasal spray needs no assembly

1. Open the prepackaged nasal spray.
2. Insert the tip of the nasal spray device gently into one nostril.
3. Squeeze the plunger into the nostril.

Rescue Breathing



1. Tilt head back, lift chin, pinch nose.
2. Give 2 quick breaths.
3. Chest should rise
4. Then give one slow breath every 5 seconds.
5. Keep going until they start breathing or help arrives